

# Oshwal Waaz



35<sup>th</sup> Edition – March/April 2020

## SHREE VISA OSHWAL COMMUNITY FOOD DONATION DRIVE – COVID 19 CRISIS WEEK 1





# WEEK 2

# Oshwal Awaaz

## FOOD DONATION DRIVE – COVID 19

All VOC Staff & 36 casuals who were in Nairobi at the time received food donation in this difficult time and Covid -19 crisis food donation drive was continued to the vulnerable Organizations.





## RELIGION COMMITTEE



On Monday, 6<sup>th</sup> April 2020 was an auspicious day being Mahavir Bhagvan Janma Kalyanak. VOC carried out a live streaming "celebration of Kalyanak" from Oshwal Centre for all the Jain Communities all over the World. Members joined in and participated from their homes on this important day. Very positive comments were received from Jains in Nairobi and other parts of the world.

### SHREE VISA OSHWAL COMMUNITY

REF NO: 072/2020

28<sup>th</sup> April 2020

#### Bhakti Bhavna and

#### 108 Parshvanath Jaap via Facebook

Due to the Covid-19 Crisis, we have not been able to carry out the routine Bhakti Bhavna on Fridays and 108 Parsvanatha Jaap on Sundays.

In order for our Members not to miss this activity, we have now created a Facebook Page (as be below image) called '**Bhakti Bhavna by VOC Nairobi**'.

One needs to have a Facebook account and we urge the younger members of the family to help the elderly access this page for them to enjoy the Bhakti Live every Friday starting 1<sup>st</sup> May 2020 from 8:15pm to 9:30pm and on Sundays, Jaap from 9:30am to 11:30am.

Kindly 'Like' the Facebook page to get updates/notifications and to view the recording of the live transmission.

Anybody wishing to sponsor a future Bhavna or Jaap, the cost will be Ksh. 3000/- per session and this should be booked with the VOC Office.

Please contact the VOC Office on 0733-469517 for any further queries or assistance.



Bhakti Bhavna by  
VOC Nairobi

Bindi R. Shah  
Secretary

### SHREE VISA OSHWAL COMMUNITY

REF NO: 067/2020

16<sup>th</sup> April 2020

#### RELIGION COMMITTEE

#### ONLINE ADULT RELIGION CLASS

Religion Committee has arranged online classes every Tuesday and Friday which will be conducted by Vipulbhai Panditji via the ZOOM APP.

START DATE: FRIDAY, 17<sup>th</sup> APRIL 2020

TIME: 10.00 AM TO 10.40 AM (East African Time)

SUBJECT: KALYAN MANDIR STOTRA: - This is one of nine auspicious Stotra in Jainism.

Kindly download zoom app in your device and join as per link below:-

Join Zoom Meeting <https://zoom.us/j/9480050186>

Meeting ID: 948 005 0186

પણામ

- માત્ર પ્રાયશ્ચિત માટે પણ 18 રાજાઓને જૈનધર્મ પમાડનાર
- પૂર્વ માંથી ઉદ્ભૂત કરીને નમોહૈત સૂત્ર ના રચયિતા
- અઢળક ચમત્કારોને કરનાર
- તેવું ચમત્કાર પૂર્વકનું એક સ્તોત્ર શ્રી કલ્યાણ મંદિર ના રચયિતા
- એવા શ્રી સિદ્ધસેન દિવાકર સૂરિજી મહારાજાનું ચરિત્ર સહિત શ્રી કલ્યાણ મંદિર સ્તોત્ર નો પાઠ +via Zoom app\* થી દર મંગળવાર અને શુક્રવારે સવારે 10:00 થી 10:40 સુધી શરૂ થવા જઇ રહ્યો છે.

તો જે પુણ્યશાળીઓ ને આ પાઠ શરૂ કરવો હોય તેઓ આજે જ Zoom app ડાઉનલોડ કરી જોડાઈ શકે છે. ફસ્ટ ક્લાસ તારીખ 17.04.2020 અને શુક્રવારથી શરૂ થશે.

આ પાઠ ઘરે બેઠા શીખી શકાશે તેથી તમારા અન્ય ગુપમાં પણ આ મેસેજ શેર કરી તેમને પણ ધાર્મિક ક્લાસમાં જોડવાનું પુણ્ય પ્રાપ્ત કરો.



Bindi R. Shah  
Secretary

For details, contact:  
Kantibhai - 0788184388  
Diptiben - 0723885888  
Bhavinbhai - 0733735098



# WEEK 3

## Oshwal Awaaz

### FOOD DONATION DRIVE – COVID 19



Visa Oshwal Community, Nairobi, on 14th April 2020, donated food to 52 organizations, being the 3rd donation drive.

These rations are being channeled towards the vulnerable families and people in the capital city, including street children, orphans, abused women groups, the physically challenged and elderly.

“Among the items donated include maize meal, rice, beans, green grams, porridge flour, sugar, salt, cooking oil, juice, snacks, bar soap, tissue paper rolls and sanitary pads among other items, a statement from the community stated.

VOC Community has always been in the forefront whenever any calamities or disasters arise in the country and is always ready to assist those in need. In response to the Covid-19 crisis, VOC launched an appeal to its members and wider community including the corporate factor to donate towards a noble cause,” stated the organisers.

The event was attended and addressed by the Regional Commissioner Nairobi – Wilson Njenga and Regional County Commissioner – Philip Ndolo, followed by the guidelines and remarks from the Covid-19 Emergency Response Committee’s Dr Narendra Raval, Bidco Africa’s Dr. Vimal Shah and VOC Vice Chairman – Jinit Shah.





# INFORMATION

## SHREE VISA OSHWAL COMMUNITY

Ref. No. 052/2020

28<sup>th</sup> March 2020

### CORONA VIRUS (COVID-19) UPDATE

#### LIST OF EMERGENCY CONTACTS

Dear Members,

Below is a list of Emergency Ambulance Service Providers Contacts:

- 1) M.P. Shah Hospital: 020 4291 000 / 020 4291 701.
- 2) St. John Ambulance: 020 2210 000 / 0721 225 285
- 3) Critical Care Ambulance: 0728 918 000
- 4) Red Cross Ambulance: 0700 395 395
- 5) AMREF Ambulance: 0709 962 000.
- 6) AMREF Flying Doctors: 020 699 2000.
- 7) MSF Ambulance: 0700 460 406.
- 8) Nairobi Hospital: 020 284 5000
- 9) Mater Hospital Ambulance: 020 690 3000
- 10) Rescue By Flare Ambulance: 0714 911 911.
- 11) Red Cross E-Plus Ambulance: 0717 714 938.
- 12) AAR Ambulance: 0719 044 799

If you require medical advice/assistance, we strongly recommend that you call the above numbers first and ask for guidance rather than turn up at the hospital.

We urge members to subscribe with [Rescue.co](http://Rescue.co) to get life saving services and special discounts of 40% using discount code [OshwalNBO](http://OshwalNBO). Rescue has the largest fleet of first responders in Nairobi

For more information visit: [www.rescue.co](http://www.rescue.co) or call 0715 929 401



Bindi R. Shah  
Secretary



## SHREE VISA OSHWAL COMMUNITY

Ref. No. 030/2020

18<sup>th</sup> February 2020



Dear Members,

Subscribe with [Rescue.co](http://Rescue.co) now to get life saving services and special discounts of 40% using discount code [OshwalNBO](http://OshwalNBO)

Rescue has the largest fleet of first responders in Nairobi, you no longer need to spend hours waiting for help.

**Rescue members are guaranteed quality ambulance service in minutes!**

- Rescue's hotline is staffed with experienced medical dispatchers, on call 24hrs a day, seven days a week.
- Equipped with Flare Emergency Response Technologies, they have real-time data on all available providers in Nairobi.
- Rescue can dispatch the best and closest Ambulance instantly, no matter where you are located in Nairobi.

For more information visit: [www.rescue.co](http://www.rescue.co) or call 0715 929 401



Bindi R. Shah  
Hon. Secretary



## SHREE VISA OSHWAL COMMUNITY

Ref. No. 071/2020

25<sup>th</sup> April 2020



### Entertainment for Kids

- Build an indoor hopscotch
- Set up a treasure hunt or obstacle course
- Make play dough
- Practice baking and cooking skills with kid-friendly recipes
- Have a tic-tac-toe tournament
- Learn a new card game or board game
- Play educational digital games
- Start a craft project

### Entertainment for Adults

- Read some books
- Start an indoor garden
- Tackle a home improvement job
- Bake or cook something special
- Take up a hobby e.g. Painting, Sewing
- Story telling
- Clean your house e.g. clear your closet
- Organize your photos
- Dance to your favorite songs

### Entertainment for Everyone

- Exercise e.g. Yoga
- Play a puzzle/crossword
- Try poetry
- Play a musical instrument
- Meditate
- Learn a new language online
- Watch documentaries/movies



Bindi R. Shah  
Secretary

## PRAY

FOR OUR CITY AND FOR THE WORLD,  
FOR THE SICK AND FOR THE  
HEALTHCARE WORKERS CARING FOR  
THEM ON THE FRONT LINES, AND FOR  
WISDOM FOR THOSE IN POSITIONS OF  
AUTHORITY AND IN GOVERNMENT.

If you wish to contribute an article to the Oshwal Awaaz please send it to

[info@oshwalnairobi.org](mailto:info@oshwalnairobi.org)

Visa Oshwal Community

0732377475/0724177293

[www.oshwalnairobi.org](http://www.oshwalnairobi.org)