# 28<sup>TH</sup> Edition, July 2019



# SENIOR SOCIAL



On 20th July 2019 Senior Social Committee of Visa Oshwal Community organized health talks conducted by Dr. Nita Thakre. Gynecologist Dr. Mahima Bhatt. Cosmetologist from India for the Members of the Visa Oshwal Community of all ages. The attendance was from Members of all ages interested in the talks. After the talk delicious Snacks were served to the Members. All present enjoyed the talks and the snacks served.













# RELIGION COMMITTEE

There were lectures held in Oshwal Center Dinesh & Mahesh Chandaria Auditorium to promote Jinvani. The lectures were presented by Harshadbhai Maniar of California USA. Lectures were held in English and Gujarati. A power point presentation was made. Topics of the presentations were on Monday, 22<sup>nd</sup> July 2019 was Tremendous power of forgiveness through Pratikramana where he explained importance of pratikraman with sutras meanings highlighting Jain principles of karuna and maitri for all living beings of the universe. Topic for Tuesday 23<sup>rd</sup> July 2019 was Jain Universe vs Modern Science. This was very interesting where he explained space planets galaxy Milky Way according to Jainism what was written in aagams 2500 years ago from which some of the facts are discovered but some are still undiscovered by our scientists. All young & old enjoyed these lectures and gained lot of knowledge in a modern way.

# Oshwalwaaz

The compelling, inspiring, and comically sublime New York Times bestseller about one man's coming-of-age, set during the twilight of apartheid and the tumultuous days of freedom that followed.

Trevor Noah's unlikely path from apartheid South Africa to the desk of The Daily Show began with a criminal act: his birth. Trevor was born to a white Swiss father and a black Xhosa mother at a time when such a union was punishable by five years in prison.

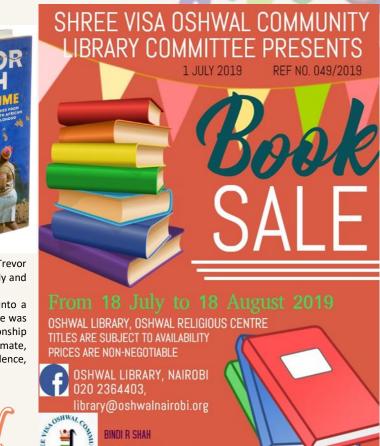
Living proof of his parents' indiscretion, Trevor was kept mostly indoors for the earliest years of his life, bound by the extreme and often absurd measures his mother took to hide him from a government that could, at any moment, steal him away.



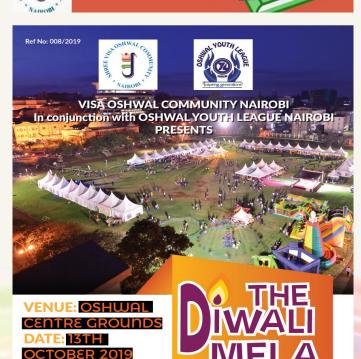
Finally liberated by the end of South Africa's tyrannical white rule, Trevor and his mother set forth on a grand adventure, living openly and freely and embracing the opportunities won by a centuries-long struggle.

Born a Crime is the story of a mischievous young boy who grows into a restless young man as he struggles to find himself in a world where he was never supposed to exist. It is also the story of that young man's relationship with his fearless, rebellious, and fervently religious mother—his teammate, a woman determined to save her son from the cycle of poverty, violence, and abuse that would ultimately threaten her own life





HON SECRETARY





OPEN TO ALL! Limited Seats Available! kings are on First Come First Serve

\*terms & conditions apply

**Kavit Shah** 

- AMREF Flying Doctors Service Game drives and activities

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TIME: 10AM

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Bindi R. Shah Hon, Secretary



#### SHREE VISA OSHWAL COMMUNITY

#### **RELIGION COMMITTEE**

#### **Jain Fancy Dress Competition**



**OPEN TO ALL JAINS** Saturday, 31st August 2019 Time: 8.30 PM

- Rules&Regulation: 
  1. Jain characters only (Jain story characters, Lanchhan, Dev Devi, King Queen etc.). Not allowed to dress up as Tirthankar or Jain monks.
- Language: Gujarati only.
- 1-minute presentation on stage (representing the character) either by speech, act, banner, song or other means. No repetition allowed.
- Entry forms to be collected from the pujari
- Attach the birth certificate with the entry form.
- Deadline for submission of forms Tuesday 20th August 2019.

Age groups: -4 to 8 years 8 to 12 years

Venue: Visa Oshwal Mahajanwadi, Limuru Road



Bindi R. Shah

For more information contact:

#### SHREE VISA OSHWAL COMMUNITY

Ref No.053/2019



11th July 2019

#### **OPERATIONS COMMITTEE**

Dear Members.

#### SAY GOODBYE TO BOTTLED WATER

We are pleased to announce that we have now procured special jugs to serve still filtered water or flavored water instead of bottled water. This is a step to stop usage of plastic water bottles and instead serve water with subtle flavors infused into it which adds refreshing tartness to the water. One can use the fruits in season or a variety of herbs like basil, mint, rosemary, sage, thyme, etc. Serving fresh and sugar free flavored water is a great way to avoid plastic bottle waste.

Combinations that can be used:-

All Citrus, Raspberry/Lime, Watermelon/ Rosemary, Blackberry/ Sage, Pineapple/Mint, Cucumber/Lemon, Orange/ Vanilla, Strawberry/Basil, Grapefruit/Mint, Lemon/Ginger, etc.

The following photos depict some of the variations that can be



FOR MORE INFORMATION CONTACT

JITENDRA H. SHAH - 0722511382 PARASH KHIMASIA - 0722525686

## SHREE VISA OSHWAL COMMUNITY

### RELIGION COMMITTEE **PRESENTS**

Jain Story Telling Competiton

Date: Sunday, 1st September 2019 Time: 2.00 PM

Open to all Jains

#### **Rules & Regulations**

- 1. Time: 3 minutes
- Language: Gujarati
- 3. Strictly Jain Story Only
- Attach copy of birth certificate.
- Entry forms available from the pujari at the Derasar. Attach the copy of birth certificate with the entry form.
- Deadline of submitting the entry form by Tuesday, 20th August 2019.

#### Age groups:

3 to 7 years 7 to 10 years 10 to 14 years 14 to 18 years



Venue: Visa Oshwal Mahajanwadi, Limuru Road



Bindi R. Shah Secretary

For more information contact: Kantibhai - 0788184388



If you wish to contribute an article to the Oshwal Awaaz please send it to

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- Visa Oshwal Community
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- www.oshwalnairobi.org