Dshuz lwaaz 26th Edition, May 2019

CSR Activity

FAMINE RELIEF DRIVE TO MWINGI KITUI – 2ND JUNE 2019



The Visa Oshwal Community Nairobi earlier in the year decided to undertake a food for all programme. The underlying basis for this programme was to assist Kenyans in drought affected areas to help alleviate hunger. It teemed up with other donors to send relief supplies to Turkana in March 2019. The community then decided to change tact and on 2nd June 2019 they undertook a massive food donation drive to Mwingi in Kitui. The aim of this drive was to support special needs schools in the area. The project coordinator Mr. Kiran Ratilal Shah coordinated with the local government authorities in Kitui and shortlisted special needs schools that were in urgent need of food and other resources. Also identified were some 350 people who had been displaced or effected by various factors including banditry and drought. The community felt that as part of the food for all programme they would support special needs schools which look after the physically challenged children in our society. These schools require a lot of resources to run and even though supported by the Government often the resources still fall short of requirement.



On 2nd June 2019, together with about 35 Volunteers from Visa Oshwal Community Nairobi and Oshwal Education & Relief Board, 4 large trucks carrying 100 Tonnes of food arrived at Mwingi Boys Secondary School from where a mammoth distribution of food took place. Food was distributed to a total of 66 special needs schools to cover the food needs of 2770 physically challenged children for at least 7 weeks. In addition to 350 people from the Ngomeni and Ukasi Communities in Mwingi were also distributed food. The Visa Oshwal Community believes that by providing the basic necessity of food the schools will be able to make better use of their other resources towards uplifting their facilities and making a difference in the lives of these children with special needs. The community as part of their annual CSR activities hope to engage in other activities to support the schools.













Senior Social Committee

Oshwalwaaz

GUJARATI NATAK "HALARI VISA OSHWALONO PRAVAS"

The Senior Social Committee of Shree Visa Oshwal Community, Nairobi held 2 shows of a Gujarati Naatak "Halari Visa Oshwalo No Pravas" on 9th June 2019 at the Oshwal Centre Auditorium. The shows were kindly sponsored by the family of Karamshi Meghji Haria on the celebration of the 100th anniversary of their arrival in Kenya.

The Play was written, directed and produced by Mrs. Bindi Rashmi Shah (Hon. Secretary, Visa Oshwal Community) who directed about 65 members which included actors and backstage assistants.

Mrs. Shaina Shah, the Chairlady of the Senior Social Committee, introduced the Sponsor Family and the members of the Senior Social Committee and thereafter the gathering was addressed by the Chairman of the Visa Oshwal Community, Mr. Dhiraj Devan Dodhia.

The Naatak was about the journey of the Halari Visa Oshwals from Osiya in Rajasthan to Kutch and then to Kathiawad and finally to Mombasa. It depicts the courage and resilience of the Oshwals against all difficulties like famine, political unrest and other atrocities they faced and finally make the decision to migrate to unknown territory of East Africa and how without seeing night or day, without any luxuries, and toiling for up to 16 hours a day, they work hard to make ends meet and the fruits of their labor finally pay off.

It was a very emotional moment for the seniors of the community as they journeyed through time during the play and were reminded of the hard and difficult times faced by their parents. Overall the play was commended highly by those who attended and many more requests

for another show were made.











Religion Committee

Saturday, 25th May 2019 the Dhaja Danda Sthapana with 13 abhisek for dand which was performed by Mr. Vinod Fulchand Jakharia Parivar conducted by Poojari Kishanbhai Trivedi & the Religion Committee Members. About 225 devotees attended this celebration in the morning 10.00 am to 1.00 pm. Monday, 27th & 28th May 2019 Shree Munisuvrat Swami Janam & Moksha Kalayank was celebrated with Ekasana & Bhavna at Derasar. During Eksana about 100 devotees participated on both the days. Wednesday, 29th May 2019, 7.30 am Sattarbhedi Pooja was performed & after 8 pooja the Dhaja Pooja & flag hoisting was done at 10.20 am, with great enthusiasm of the devotes and family members of Mrs. Savitaben Virchand Devchand Parivar the function ended at 12.30 pm. Followed by a lunch which was attended by 210 devotees with family members of Mrs. Savitaben Virchand and Mr. Vinod Fulchand Parivar.



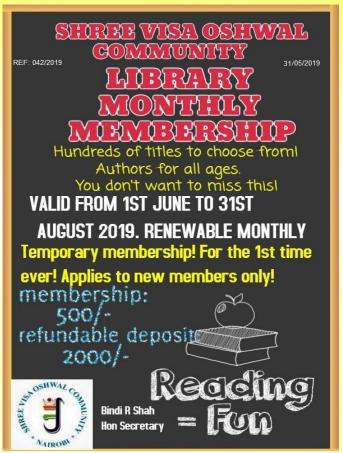


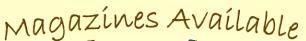






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INFORMATION



3 WAYS TO BECOME MORE OPTIMISTIC

There are benefits to optimism. Some studies have found that feeling optimistic can help fight stress and improve health; others have found that optimists earn and save more money. To build your optimism, try a few things. For one, practice gratitude. When you wake up each morning, think of three things you're thankful for. It only takes a minute, and it puts a positive spin on the day. (Also, resist the urge to immediately check the news, which often does the opposite.) Second, find ways to make progress toward your goals. Whether you want a new job or you're launching a new project, taking even small steps forward can give you a larger sense of momentum. Third, prioritize connecting with others. Get lunch with friends you haven't seen lately, or send a coworker a note that you're thankful for them. Social connection is one of the top predictors of happiness.

If you wish to contribute an article to the Oshwal Awaaz please send it to

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