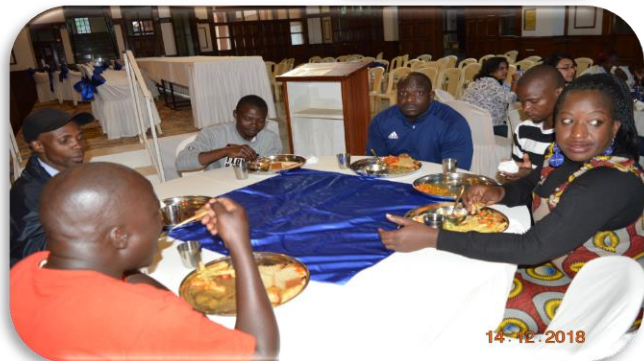


Oshwal Awaraz

22nd Edition, January 2019

STAFF PARTY

As is tradition every year the Visa Oshwal Community staff members are given a party at the end of the year. This is to appreciate the good work done by staff members and recognize their importance to the smooth running of the institutions under the community. The party goes a long way in boosting morale and building team spirit. The Visa Oshwal Community has a total of 70 employees many of who have served the community for over 15 years. Over the last three years the management committee and office bearers have tried to streamline the workforce by establishing clear working guidelines and job descriptions including redoing employment contracts. This has served to boost the efficiency in staff and brought a harmonious working environment conducive to all.



Senior Social

The Senior Social Task force decided to start 2019 for the seniors with a Bhavna at the Upashray hall on Tuesday 1st January 2019. Our seniors appreciated the spiritual beginning to 2019 and over 600 people attended the event.

Lunch Served to all Members

Members attending Bhavna

Senior social Task Force Members

Members attending Bhavna

Oshwal Education Relief Board

Inclusive Education Department.

Many of you may not know but our Oshwal Schools have one of the best Inclusive Education Department (IED) in the country. This department ensures that children with special needs learn alongside their mainstream peers hence instilling a sense of worth as personal skills are highlighted. The department has not only transformed the lives of students with disabilities, but has also brought light to mainstream students and staff by working closely with them hence disqualifying the general notion "disability is inability".

Some of the department's achievements include: -

- 1. Seeing 3 pupils who have gone through the whole department from start end graduate from senior high last year. A further 3 pupils will graduate this year indicating that the department has now come of age and is successfully integrated its ASDAN Curriculum which gives self-independence and critical thinking skills to these pupils.*
- 2. Setting up a greenhouse which has enabled students to acquire hands on skills in nurturing tomatoes and Capsicums.*
- 3. 4 students from the department will represent Kenya in the International Special Olympics taking place in Dubai in March this year. Great emphasis is also being placed on development for the children in this department via sports.*
- 4. Renovation and upgrading of the department which the board has engaged in over the last two years has ensured a well-equipped department with technology, therapy resources and qualified multi-disciplinary team of staff.*
- 5. Successful participation at the Diwali Cottage Fair by the department giving exposure to the community at large on the artistic skills that the children have.*

Sports Achievements by our Oshwals

Khushi Bhavesh Malde

A Year 6 Oshwal Academy student became the youngest table tennis player in the Kenyan National Team that took part in a Regional Tournament held in Rwanda in December 2018.



Radha Parag Raja

Represented Kenya at the Under 14 East African Zonal Tennis Championship. She came runner up in the singles, won the doubles on the team event to qualify for the All Africa Junior Circuit Team Event to be held in South Africa in April 2019 and Tunisia in June 2019.



Ujval Sai Omit Shah and Urjan Sai Omit Shah

Both avid Badminton players from Oshwal Senior High Students represented the county at the World Federation Junior Championships, held in Ontario, Canada. Kenya finished 1st in Africa and 30th in the world from over 50 countries. The twins are currently ranked 1st in Kenya in the Under 19 category.

Razi Shah

Played in the under 16's East African Zonal Tennis Championship and came runner up in Singles and won the doubles. Kenya also won the team event as well.

We congratulate this fine young Oshwal Sports People for showing the true grit and determination and making the community proud with their various achievements and wish them the best of luck for the forthcoming tournaments.

Sports & News

ADVENTUROUS KENYAN GIRLS SUMMIT EVEREST BASE CAMP

During the Hindu Navaratri festival in 2018, celebrating the Divine Mother's feminine dynamism and prowess, two young Kenyan ladies, Cheenar Shah (26yrs) and Ananka Shah (23yrs), together with a few other Kenyans joined the Oshwal Youth Association of UK, on a strenuous trek to the Everest Base Camp. This was a test of their feminine physical endurance, emotional perseverance and intellectual resolve. Not only did they reach the Base camp, proudly hoisting the Kenyan flag in memory of our Heroes on Mashujaa Day, but they were even more inspired and determined to trek onward to more strenuous, higher peaks, Kala Patthar and Gokyo-Ri. We salute these young courageous ladies for their zeal and fervour in inspiring other women and youth to rise above mundane and material aims and pursue selfless, challenging and galvanizing ideals for the betterment of environment, country and society.

By - Alpa Shah



BALLET



Why Ballet? Around the world thousands of young people flock to the ballet studio to train in an art form that is more than four hundred years old. This same training asks female dancers to do what seems impossible, literally dance on the tips of their toes, and male dancers to lift these ladies in the most difficult of positions over their heads, while not only maintaining their technique, but also smiling, making the lifts look effortless. So, why would anyone want to do this, or put his or her child into this type of training?

To begin with, it has been proven through numerous studies that training in any art form results in children having the ability to self-direct their academic learning. There is an improvement in their school attendance upon joining and the artistic environment sharpens their critical and creative skills. These studies show that schoolchildren who are exposed to drama, music and dance typically are more proficient in reading, writing, and mathematics, with considerably higher standardized test scores.

Ballet specifically promotes physical strength and agility, boosts concentration, and develops musical skills. Typically people think that ballet is centered solely around dancers becoming flexible, but the amount of core and over all body strength it takes to hold ones legs at extremely extended positions is intense to say the least. Also, the discipline it takes to stay silent and focused for an hour long ballet class is no easy feat for any seven year old.

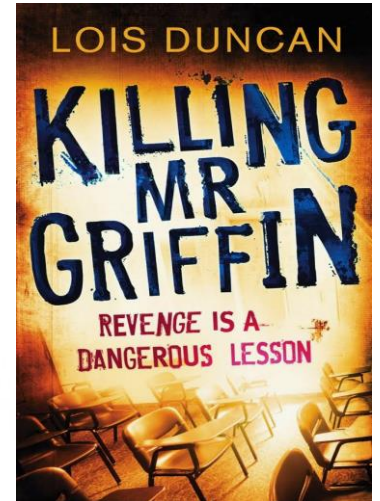
Many of the dancers training here in Nairobi at Dance Centre Kenya, will take two or three hours of classes in a row multiple days a week, including weekends. These children not only learn to control their bodies, but also how to seriously manage their time. If they have 30 minutes or an hour between classes, they will pull out their books and use those precious moments to achieve. If they know they have a long performance weekend coming up, they start preparing their academic revisions days earlier than their schoolmates.

Finally, one of the most significant reasons to enroll your child in a ballet class is the sense of pride, accomplishment, and increased self-esteem. Dancers are taught to pull their shoulders back, hold their heads up high, and perform in front of hundreds or even thousands of people. This skill set does not only help the student in the studio or on the stage, but in every presentation given at school, university or job interview in their future, and difficult moment they will one day face as adults. Be it mental toughness, discipline, physical strength and awareness, academic achievement, or overall self esteem, there are numerous reasons to put your child or yourself in dance and I highly recommend it for everyone.

Cooper Rust
Artistic Director
Dance Centre Kenya



LIBRARY



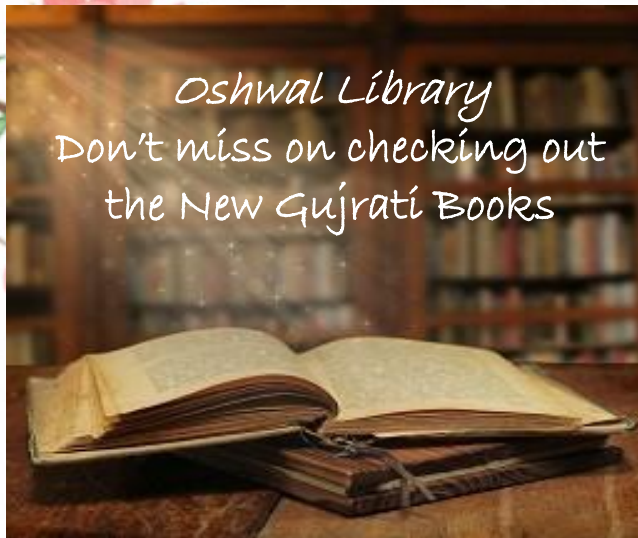
Killing Mr Griffin by Lois Duncan

This review has some serious throwback power and delves deep into our young adult collection (which, by the way, is not only for ‘young adults’). Duncan’s novels have covered themes ranging from astral projection and murder to voodoo and blackmail. Three of her titles (including *Killing Mr. Griffin*) were made into movies – some more to her satisfaction than others. I say this because the well-known *I Know What You Did Last Summer* sorely disappointed her as her masterful teenage suspense story had been turned into a run-of-the-mill slasher flick.

A master of speculative fiction, in the controversial *Killing Mr. Griffin*, Duncan explored the darker side of three ordinary high school students as they plot to kidnap their teacher and justify his death and its cover up later. At a time when evil in young adult fiction is often represented in obvious and unimaginative ways, this novel is thought provoking and almost horrifying in how the villains lurk under perfect normalcy. Duncan, in this novel, also examined the effect of peer pressure, and its insidious pervasive nature. This book doesn’t need a fascinating back story, but what made it even more interesting to me was that the character of both the main antagonist as well as Mr. Griffin were based on people that Duncan knew in real life. As the plot unfolds, it makes the novel even more chilling.

Killing Mr. Griffin was my favorite book by her, and next in line is *Locked in Time*.

INFORMATION



SHREE VISA OSHWAL COMMUNITY

Ref:003/19

12th January 2019

OSHWAL MEDICAL RELIEF SCHEME 10TH TERM – 1ST MAY 2019 TO 30TH APRIL 2022

Dear Members,

The 10th Term of Oshwal Medical Relief Scheme commences on 1st May 2019. Application for membership is now open.

If you are not a Member of the Oshwal Medical Relief Scheme, you are requested to take advantage of the Scheme. The Scheme offers great benefits. Any member with pre-existing conditions can also get covered under this Scheme, subject to the rules and regulations of the Scheme.

Please note Oshwal Education & Relief Board offers remission/loan facilities to members who have financial constraints and wish to enroll in this Scheme.

Forms can be obtained from the attached files, the Visa Oshwal Community Office, or can be downloaded from the website – https://www.oshwalnairobi.org/medical_forms/
Please note: Remission forms will only be available at the OERB office (now on Bulema Road, off 2nd Parklands Ave).

SHREE VISA OSHWAL COMMUNITY

Ref. No. 04/2019

1st February 2019

SENIOR SOCIAL TASK FORCE EASTER GETAWAY

TO NORTH COAST, MOMBASA
17th APRIL 2019 TO 22nd APRIL 2019

*FRIENDS, SUN, SAND & SEA SOUNDS LIKE
FUN TO ME !!!*

ACCOMMODATION	AT FLAMINGO BEACH RESORT FOR 4 NIGHTS/ 5 DAYS ON AN ALL INCLUSIVE BASIS.
TRANSPORT	INCLUDES TRANSPORT TO AND FROM NAIROBI TO FLAMINGO BEACH RESORT FROM OSHWAL CENTRE TRANSPORT BY AIR CONDITIONED LUXURY COACH
TOUR COST	K.SHS. 45,000/= PER PERSON SHARING. K.SHS. 59,000/= PER PERSON SHARING FLYING PACKAGE.

DEPARTURE FROM OSHWAL CENTRE NAIROBI WILL BE ON WEDNESDAY, 17TH APRIL 2019 AT 10:00PM FROM OSHWAL CENTRE AND RETURN ON MONDAY, 22ND APRIL 2019 AT 9:00AM

LAST DATE OF RESERVATION: 22ND FEBRUARY 2019

BOOKING WILL BE CONFIRMED UPON FULL PAYMENT TO VOC OFFICE, OSHWAL CENTRE (PLEASE BRING A COPY OF I.D. CARD/ALIEN'S CARD/PASSPORT). THE SENIOR SOCIAL TASK FORCE RESERVES THE RIGHT TO REFUSE ANY APPLICATION WITHOUT REASON.



Bindi R. Shah
Hon. Secretary

FOR FURTHER DETAILS, PLEASE CONTACT:
BINDUBEN SHAH : 0737 - 556084
KAILASHBEN SHAH : 0721 - 208143



Bindi R. Shah
Hon. Secretary



INFORMATION

SHREE VISA OSHWAL COMMUNITY

Ref. No. 002/2019

8th January 2019

RELIGION COMMITTEE PRESENTS SINGING COMPETITION

Date: Saturday 9th February 2019

Time: 8.30pm

Venue: Dinesh & Mahesh Chandaria Auditorium

RULES & REGULATIONS

1. The competition is open to all Visa Oshwal Community Centres in Kenya.
2. The competition will be divided into 3 age groups.
3. Participant's age should be from 3 to 20 years old.
4. Please attach a copy of birth certificate along with the Registration Form.
5. The song chosen must be strictly a Jain Stavan.
6. The Stavan selected must be of a maximum duration of 4 minutes.
7. The participant must stop at 4 minutes.
8. The competition entry can be divided in solo/duet or group entry. This would depend on the number of entries received. Maximum 4 participants can take part in a group entry.
9. A participant can take part in 2 entries i.e. solo & duet OR solo & group
10. In duet or group, the age of the eldest participant will be considered as entry age.
11. Strictly, no repetition of Stavan shall be allowed. In that respect kindly submit your name & Stavan title to Pujari as soon as possible. If the Stavan you choose is already given to pujari by another participant, you will have to select another Stavan.
12. Participant can give their own music as background music on a flash disk along with Registration Form or if they wish to have live music, they will have to come for one rehearsal on a given date.
13. Registration forms can be collected from Pujari at Shri Munisuvrat Swami Jinalay Nairobi.
14. Last date of submission of registration form & flash disk (if using recorded background music) is Sunday 20th January 2019.
15. Details of age groups & categories will be given after submission of all forms.
16. The Religion Committee of VOC Nairobi reserves the rights to cancel or change the date/venue/rules of the Singing Competition.
17. The Judges' decision shall be Final. No queries or complaints will be entertained thereafter.



Bindi R. Shah
Hon. Secretary

For further details contact :
Rohitbhai Shah - 0722686671
Bhavin Gada - 0733735098

SHREE VISA OSHWAL COMMUNITY

RELIGION COMMITTEE

Ref. No. 005/2019

16th January 2019

35TH PRATISTHA MAHOTSAV OF SHREE MUNISUVRAT SWAMI JINALAY PROGRAM

Singing Competition

Date: Saturday 9th February 2019

Time: 7.30pm

Venue: Dinesh & Mahesh Auditorium,
Oshwal Centre

18 Abhishek

Date: Sunday 10th February 2019

Time: 9.00 am

Venue: Munisuvrat Swami Jinalay Derasar

Sattarbhedhi Pooja & Dhaja

Date: Thursday 14th February 2019

Time: 9.00 am

Venue: Munisuvrat Swami Jinalay Derasar

For 18 Abhishek Nakro & Prabhavna for

18 Abhishek & Pratistha day

Contact Religion Committee

Rohitbhai Shah – 0722686671

Bhavin Gada – 0733735098



Bindi R. Shah
Hon. Secretary

If you wish to contribute an article to
the Awaaz please send it to

oshwalawaaz@oshwalnairobi.org

Contact Visa Oshwal Community

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0724 177 293

E-Mail : admin@oshwalnairobi.org

Website: www.oshwalnairobi.org