

# Oshwal Waaz



21<sup>st</sup> Edition, December 2018



CSR Activity

*WE MAKE A LIVING BY WHAT WE GET...  
BUT WE MAKE A LIFE BY WHAT WE GIVE...*



## Donations



Shree Visa Oshwal Community Nairobi held another CSR event on the 8th in which a Wheelchair Donation Drive was held on 8<sup>th</sup> December 2018 at the Oshwal Centre, Westlands whereby various members of the Community raised funds to donate 72 wheelchairs of various types which included; Standard Wheelchairs, Children's Wheelchair Specialized Cerebral Palsy Wheelchairs & Specialized Tricycle Wheelchairs. The donation was done through the **Association for the Physically Disabled of Kenya.**



There will be another wheel chair donation drive in January 2019.



*“Well wishers are like beautiful street lamps, They cannot make our distance shorter, but they can lighten our paths & make the journey easier”*



## Senior Social



### The Participants

### Entertainment

The Senior Social Task Force organized a **Exciting Entertainment Programme** on the 12<sup>th</sup> of December 2018.

The event was attended in large numbers by our community's senior members.

The one hour programme of a fun filled activities, where various age groups participated and winners won prizes.

Followed by lecture on "How to live after the age of 60" by Saman Shrut Pragyaaji. The lecture was very well received by the attendees and meaningful tips on life of after the age of 60.

The MC for the day was Mrs. Shaina Shah & Binaben Shah.

We appreciate all the members who come forward to enable us to make such events successful.



### Lunch



### Committee members



## Senior Social



### Committee Members & MP Shah Hospital Team

Talk & Demonstration on Medical Emergencies at home in courtesy of MP Shah Hospital on the 26<sup>th</sup> December 2018. It was another full house successful even and followed by a lunch where 600 people attended.







## Sports

Celebrating Golden Jubilee the "World Oshwal Sports and Cultural Meet" which was held in Jamnagar between the 24<sup>th</sup> and 29<sup>th</sup> of December 2018. This event was organized by Oshwal Students Union - Jamnagar, where all the Oshwals around the world were invited. The Kenya Oshwal Cricket Team happily participated.

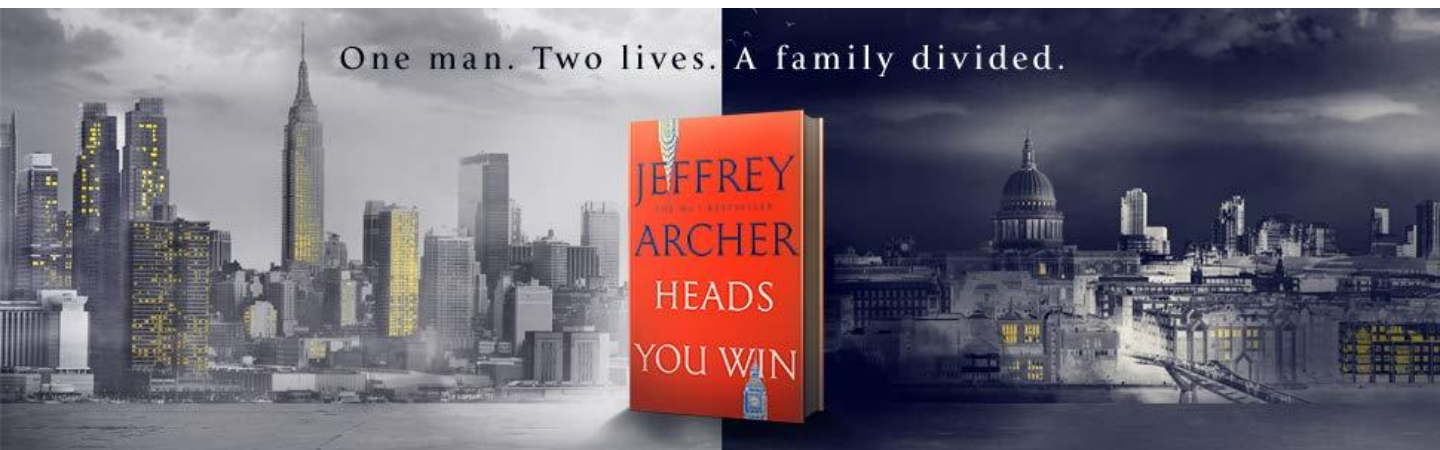




## **Oshwal Library**

### ***New Arrival***

- 1. *Head You Win by Jeffrey Archer***
- 2. *Hippie by Paulo Coelho***
- 3. *Fire and Blood by George R. R. Martins***
- 4. *The Duchess by Danielle Steel***
- 5. *The Fox by Frederick Forsyth***
- 6. *The First Lady by James Patterson***
- 7. *End Game by David Baldacci***
- 8. *The Bigger Deal by Sunny Bindra***
- 9. *21 Lessons for the 21<sup>st</sup> Century by Yuval Noah Harari***
- 10. *Every Breath by Nicholas Sparks***



#### ***Book Description***

**HeadYou Win by Jeffrey Archer**

From the master storyteller Jeffrey Archer, *Heads You Win* is the incredible and thrilling novel from the author of the *Clifton Chronicles* and *Kane and Abel*. Leningrad, Russia, 1968. Alexander Karpenko is no ordinary child, and from an early age, it is clear he is destined to lead his countrymen. But when his father is assassinated by the KGB for defying the state, he and his mother will have to escape from Russia if they hope to survive. At the docks, they are confronted with an irreversible choice: should they board a container ship bound for America, or Great Britain? Alexander leaves that choice to the toss of a coin . . . In a single moment, a double twist decides Alexander's future. During an epic tale of fate and fortune, spanning two continents and thirty years, we follow his triumphs and defeats as he struggles as an immigrant to conquer his new world. As this unique story unfolds, Alexander comes to realize where his destiny lies, and accepts that he must face the past he left behind in Russia. With a final twist that will shock even his most ardent fans, this is international number one bestseller Jeffrey Archer's most ambitious and creative work since *Kane and Abel*.

## Information

### SHREE VISA OSHWAL COMMUNITY

Ref. No. 001/2019

2<sup>nd</sup> January 2019

## 2019/2020 CAR PASS COLLECTION

Dear Members,

Please note that the deadline for the car pass collection exercise that started on 14<sup>th</sup> December 2018 will be **SATURDAY 19<sup>th</sup> JANUARY 2019**.

One car pass will be issued per VOC membership card.

Members requesting for more than one car pass per VOC membership card are requested to write a letter to the VOC office to obtain a secondary car pass.

Car passes will be issued from the VOC office during the following hours:

- Mon-Fri from 9am-12noon | 2pm to 4pm
- Saturday from 9:30am-12noon

**Vehicles without car passes for 2019/2020 will not be allowed entry into Oshwal Centre from 20<sup>th</sup> January 2019.**



Bindi R. Shah  
Hon. Secretary

### SHREE VISA OSHWAL COMMUNITY

Ref. No. 118/2018

29<sup>th</sup> December 2018

## OSHWAL LIBRARY YEARLY DISCOUNT

**Come and renew or apply for a library membership and get a 20% discount on the below rates!**

Members can now borrow up to four books as per the below categories:

- ❖ Student – borrows 2 books – Ksh. 1500/-
- ❖ Basic – borrows 2 books – Ksh. 2000/-
- ❖ Avid – borrows 3 books – Ksh. 3000/-
- ❖ Bookworm – borrows 4 books – Ksh. 4000/-

**DISCOUNTS VALID FROM:  
1<sup>st</sup> Jan - 15<sup>th</sup> Jan 2019 ONLY**



Bindi R. Shah  
Hon. Secretary

### SHREE VISA OSHWAL COMMUNITY

Ref. No. 112/2018

28<sup>th</sup> November 2018

## PRAYER MEETINGS

Dear Members,

Please note that as of 1<sup>st</sup> January 2019, all Prayer Meetings for Oshwals not residing in Nairobi will be held on Mondays only.

If there is a final rites and prayer meeting for a Nairobi Member, then the prayer meeting of the Non Resident Oshwal can be combined with the Resident Member's prayer meeting.



Bindi R. Shah  
Hon. Secretary

## Wealth is in session.

You're invited to a wealth masterclass. Stanbic Bank will be taking you through an informative and insightful look at different wealth value propositions such as: Create & Build, Live & Enjoy, Save & Invest, Share & Legacy and Plan & Protect. Please join us on:

Date: Thursday 24th January, 2019  
Time: 9.00am - 12.00pm  
Venue: Mahajanwadi, Limuru

*Lunch will be served.*

**For passes at a subsidised rate contact:**  
Bharti H. Raja - 0722 954 500 / Dinu Suryakant - 0722 764 752  
Kamini D. Shah - 0733 659 909 / Rekhaben Anil - 0720 010 000  
or any other committee members.

**OPEN TO ALL**

Stanbic Bank Moving Forward™  
A member of Standard Bank Group



# POMEGRANATE 11 HEALTH BENEFITS



- 1 Lowers Blood Pressure
- 2 Helps Overcome Depression
- 3 Fights Infections
- 4 Improves Memory
- 5 Reduce Arthritis Pain
- 6 Prevents Cancer
- 7 Fights Diabetes
- 8 Reduces Inflammation
- 9 Resolves Stomach Disorders
- 10 Curbs Hunger
- 11 Prevents Plaque Formation

## 20-MINUTE YOGA WORKOUT FOR WEIGHT LOSS



If you wish to contribute an article to the Awaaz please send it to

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